

## **Good Neighbour Volunteer Role Description**

### Summary of the role and the activities involved:

#### **Role**

To provide one off practical support to older people and/or those with disabilities living within the borough of Fulham by carrying out one off errands/tasks

#### **This could include:**

- escorting someone to a hospital appointment or other setting in the community such as supermarket
- carrying out light food shopping
- supporting someone to read their energy metre
- supporting someone with mobility issues to go for a short walk
- collecting prescriptions
- assisting with correspondence
- collecting prescriptions
- pet care/dog walking

#### **Personal qualities most suited to this role**

- Good communication skills
- Patience and sensitivity
- Reliability
- An understanding of the need for confidentiality

#### **Any other information**

The above list is not an extensive list. There are many ways in which if you have the time, you could support an older or disabled member of the Fulham community. The most important quality needed for this role is a willingness to help.

### How many hours you need to give, when and where:

You would normally volunteer as and when required depending on your availability and the tasks you wish to take on. This could be as often as once a week or as rarely as once every few months. You will receive regular emails detailing available errands/tasks which you can choose to take on based on your willingness to carry out the task and your availability.

### What training will be necessary and available:

No formal training is required. We would provide you with all the required information and offer our induction and volunteer guidelines.

### Who will supervise you:

Your supervisor would normally be the Volunteer Coordinator for Community Projects

### Benefits to the volunteer

- The opportunity to meet & interact with a variety of people
- Knowing you are contributing to your local community
- The satisfaction of knowing that you play a pivotal role in helping to improve an older person's wellbeing.

### References

You will be required to supply two references as part of the application process.

### Disclosure & Barring Service

As part of the application process and in line with our commitment to Safeguarding, you will be required to complete a DBS check. This process will be paid for by Fulham Good Neighbours.

### What expenses are payable:

Your travel expenses will be provided.

### How to apply

If you have any further questions about this role, or for an application form please contact:

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